Buckwheat Boom

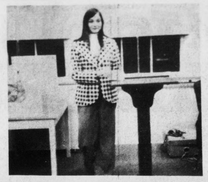
In simpler times our forebears often celebrated the completion of a cold morning's chores with a steaming stack of buckwheat griddle cakes accompanied by generous servings of ham, eggs, bacon or sausage. By 1900, however, the production of buckwheat began a long and drastic decline, victim of changes in industrial man's breakfast habits and in the economic realities of agriculture.

Today buckwheat is enjoying a return of popularity, which is requiring millers to contract with growers to meet the demands. Ironically part of this renewed interest is attributed to people seeking the more relaxed life style of the "old days," including the revival of some of yesterday's foods. The demand has also been heightened by the success of a commercially prepared breakfast cereal and by exports to Japan for making buckwheat noodles. Perhaps the boom rests mainly on the nutritional excellance of breakfast. Agricultural Research Service analysis indicate the plant has an amino acid composition nutritionally superior to all cereals, including oats. Buckwheat protein is particularly rich (6 percent) in the limiting amino acid lysine.

There are production problems with buckwheat: it has indeterminate growth, the plant puts forth vegetative and flowering growth until frost, thereby reducing seed set and yield. Buckwheat does not respond well to fertilization because of hollow stems which lead to lodging and yield losses.

A significant advance has been made through the development of Pennquad, the first tetraploid buckwheat in North America. Pennquad has large seeds of uniform size and thick stems that resist lodging.

The above picture is from the farm of Lawrence Stewart, Evergreen, who is growing one acre of buckwheat. J. A. Smith, Extension Agent, reports that this is the only planting of buckwheat in Appomattox County.



Miss Varner Addresses Ruritans

Miss Carla Varner, state president of Future Homemakers of America, addresses Pamplin Ruritan Club at monthly meeting. Miss Varner is instrumental in sponsoring a county-wide clean-up campaign which is her project for the state FHA officers.

S.C.A. High School Report

The S.C.A. Officers met Friday, September 13th, at the high school. During this time we discussed the elections for sophomore, Freshman Class Officers. Also we went over the problem of electing representatives and the installation of S.C.A. officers.

It was decided that Carla Lipford (the S.C.A. Treasurer) would make out a form concerning sophomore, Freshman officers and she will hand out to each homeroom teacher for the students to sign their names and the office which they desire. After this a preliminary and finally a primary election.

Then the matter was called to hand about electing S.C.A. Representatives. The conclusion was that the president of each club would elect a temporary representative and as soon as the club has formed a permanent representative will be put in action.

Reporter, Nancy L. Stratton

Pam Moore, daughter of Mr. and Mrs. James Moore of Appomattox, is shown above participating at the Richmond State Fair. She is a Senior at ACHS and is a very active member of the Appomattox Community 4-H Club. September 25, Pam did her 4-H demonstration entitled "Once Upon a Dog House" in the State 4-H exhibit booth. She explained how proper care and housing for a dog can be inexpensive and enjoyable for the dog and his owner. Pam also entered her dog in the Dog Show and won first and third place ribbons. Members of the 4-H Club are proud of her winning demonstration and her interest in our Community 4-H Club.

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Revival Begins At Mount Airy

The annual revival will begin at the Mount Airy Baptist Church this Sunday at the regular preaching hour. The pastor of the church will deliver the morning sermon. The guest minister for the week will be the Rev. Roger Ford, pastor of the Mount Sina Baptist Church of Amherst, Virginia. Dinner will be served by the ladies of the church.

The East and West Bound Sunday School Union met with the Mount Pleasant Baptist Church of Hixburg, Virginia last Sunday. The service began at 10 a.m. The Sunday School was conducted by the union. The annual message was delivered by the president. The committee on resolutions brought in a very helpful report. Each delegate was asked to carry the information back to its home school. The local school served a very delicious lunch. Every one present enjoyed the day. The next meeting will be held with the Mount Airy Sunday School. A total of $53.90 was left with the home school.

All officers, members and friends are asked to attend the regular preaching service at the Galilee Baptist Church this Sunday morning at 11 a.m. Parents of all the children who were baptized last fourth Sunday at the Union baptizing are asked to be present to be officially taken in as members of Galilee Church. The Holy Communion will be served to all.

The executive council of the Appomattox Assembly met Wednesday in the Agriculture Department of the Appomattox Middle School. Plans were worked out in detail for the annual meeting to be held in November at the Galilee Baptist Church. The plans will be presented at the regular meeting on Wednesday, October 9 at 7:30. All representatives and members are asked to be present.

We are happy to report that Mr. Benjamin Tyler of the Pine View Rest Home is recovering nicely at his home after undergoing an operation in the Lynchburg General Hospital.

The Galilee Baptist church and community extend to Brother Hobert Watson sincere and heart felt sympathy in the death of his brother, Mr. Romeo Watson of Baltimore, Md. last week.

Don't forget the Freedom Fund Rally sponsored by the Appomattox Branch of the NAACP on the second Sunday in this month at 3 p.m. at the Jordan Baptist Church. The Rev. Haywood Robinson, pastor of the Diamond Hill Baptist church, Lynchburg, Virginia will be the guest speaker. The final results of the State Rally will be presented at the close of the service and prizes be awarded to the State reporting the largest sum of money. Special music will be rendered by the Jordan Harmonetts.

The appreciation service in honors of Messers Timotheous Lawing and Mr. Braxton at the Rose Chapel Baptist Church last Sunday evening was well attended and enjoyed by all. The service was sponsored by the Echoes of Joy of the Church. Several local groups took an active part. Several members from Promise Land and the Galilee Baptist Churches attended the service, from this area. Final remarks and the benediction were given by Rev. R. Q. Lawing.

Miss Verna Mae Dews is improving in the Lynchburg General Hospital. She has been a patient there for nearly 3 months.

"The SONS OF THUNDER" is coming October 26th

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model ES 356 15" diagonal

Look what you get in every RCA XL-100!

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2. RCA's best picture tube ever—XL-100 sets with the black matrix picture tube give you sparkling bright, dramatically detailed color pictures and natural, warmer, more pleasing flesh tones.
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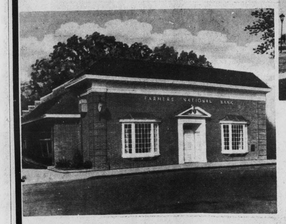

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New Members Inducted

...bers inducted left to right first row: Mrs. Charles Perkins, Membership Chairman, ...on Bay, Mrs. Roland Murphy, Mrs. Joseph LeGrand, Mrs. William Stratton; second row: ...y Thompson, Miss Claudia Gordon, Mrs. Lonnie Reynolds, Jr., and Mrs. D. W. ...son. Mrs. John L. Wilson not pictured.

Woman's Inducts Members

...ner Woman's Club of ...nt began its 1974-75 ...dinner meeting held ...Parkway Restaurant ...September 24.

...ents were Mrs. H. ...Alice Kyle District ...and Mrs. H. E. ...Alice Kyle District ...Conservation and ...Department. Mrs. ...was the guest speaker ...ning. She spoke on ...Woman's part past ...and in the Alice Kyle

...ew members were ...by Mrs. James A. ...President. Each mem- ...presented with a ...ship card, a handbook ...club carnation. The new ...were: Mrs. Billy ...Mrs. D. W. Mac- ...Miss Claudia Gordon, ...Lonnie Reynolds, Jr., ...William Stratton, Mrs. ...Murphy, Mrs. Marion ...Mrs. Joseph LeGrand, ...John L. Wilson who ...able to attend.

...of the club's activities ...year will include ...the Second Ann- ...Appomattox Rail- ...and presenting ...of American Flags to ...Juvenile Court.

...Scholarships ...nnced

...Veterans of Foreign ...the United States and ...Auxiliary of the ...have announced the ...of scholarships to be ...by the organizations

...FW will award one ...scholarship as first ...of her members in the ...of $5,000, $3,500, ...and $1,500.

...high school seniors are ...to compete for the ...ships on a national level.

EMERGENCY FIRST AID 352-5425 APPOMATTOX COUNTY RESCUE SQUAD

Modernistic Club News

We invite you to attend regular services at Galilee Baptist Church Sunday at the 11:00 a.m. hour. Sunday School will be set for 10:00 a.m. as usual. We know that Sunday October 6, the annual revival will begin at Mt. Airy Baptist but try and attend the morning worship if possible. We shall look forward to seeing you at the regular morning service.

At 9:45, October 6, 1974, First Baptist will be looking for all of the scholars for church school, so be present, and on time.

On the First Sunday, the East and West Bound S. S. Union, met in its annual session at Mt. Pleasant Baptist Church in the county. We are sure that the session was successful. Most of the unions from other counties were in session as well, as Appomattox County Sunday, September 29th at the 10:00 a.m. hour.

The community was saddened to hear of the passing of our friend the late Mr. Ronnie Watson, who was the brother of deacon Hobert Watson. The late Mr. Watson was laid to rest in Baltimore, Md. Saturday.

We were very sorry to learn of the passing of the late deacon Jonah Stewart, the husband of the late Mrs. Alice P. Stewart formally of Appomattox, Virginia. The late Deacon Stewart was laid to rest in Roanoke, Virginia Saturday morning. The community extends deep sympathy to the Watson, Stewarts and Patterson families. We pray that God may abide with you, throughout your sorrow.

We pray for the sick in the community and else where at this writing. Special prayers for those who are in the hospital, and for those who are sick at home at this point.

We want to express deep appreciation to the Rev. Mr. Turner of D. C. for his kind remarks toward "The Modernistic News" column each week. Thanks so much for writing us, and for reading the news, of the modernistic club.

In and out of town:

Mrs. Cornelius Patterson, Bill Patterson, Tom Patterson, and Peter Flood, of Baltimore, Md., attended the funeral services of their brother-in-law, and uncle, the late Mr. Jonah Stewart, Saturday, September 28th in Roanoke, Virginia. Mr. Hobert Watson accompanied by Mr. Howard Stevens, attended the funeral service of Deacon Watsons only brother, the late Mr. Ronnie Watson, Saturday morning in Baltimore, Md.

Mrs. Susie Sykes spent Saturday night with Mrs. Lillie Stevens. Mrs. Sykes of Washington, D. C. came for her mother, Mrs. Sally Fleshman, who spent the summer with her sister and brother-in-law here in the county. Mesdames Sykes and Fleshman returned to their home in D.C. Sunday morning. They both gave an account of a very delightful story in Appomattox.

Mesdames Bessie Watson and Annie M. Humbles visited in Roanoke, Virginia Sunday September 29th. Mrs. Humbles visited her husband who is a patient in the Veterans Hospital, and Mrs. Bessie Watson visited her sister-in-law Ms. Pearl Watson, and a friend. Ms. Mary Gayle in Roanoke, Virginia Sunday. The two gave an account of a very pleasant day.

Visiting Mrs. Alpha Brown were her brother Mr. Please Patterson Sr. and Jr. from Washington, D. C.

Mr. and Mrs. Fred Brown of Salem, Virginia were recent guests in the home of Mr. and Mrs. Howard Stevens and family in Appomattox, Virginia.

Ms. Sykes visited many relatives and friends while in Appomattox.

See you next week!!!

Ready For Departure

Girl Scouts from Troops 311 and 322 are shown as they prepare for departure to Roanoke and a visit to the Holiday on Ice show at Roanoke Civic Center. Over 40 girls made the trip by chartered bus. Adult leaders making the trip were Mrs. June Coleman and Mrs. Velma Johnson of Troop 322 and Mrs. Gladys Moon, Mrs. Serena Mosley and Mrs. Peggy Clark of Troop 311.

Pow Wow At Appomattox

Fourth grade classes of Mrs. Thomas and Mrs. Coleman held pow wow at Appomattox Elementary School last Friday. The class celebrated Indian Day as they studied American History. Appomattox Indians are, front row, from left, James Beaty, Mark Drinkard and Cindy Gosnell. Second row, Emily Steinkamp, Dawn Pitzenberger, Lisa Rogers, James Whitehead, Donna Layne, Terri Nash and Robin Paulette.

Pastor's Anniv.

The First Anniversary of Rev. K. W. Davis was held at the First Baptist Church Sunday at 2:30 p.m. Rev. L. E. Hankins pastor of Brookville Baptist Church, Lynchburg, Va. was the guest speaker. He spoke from the subject "Christian Fellowship." All present enjoyed the sermon.

We were happy to have Rev. Lawing to worship with us. Also all our visitors and friends and we invite you all to come again. We like to thank everyone who took part in this anniversary to make it a great success.

On October 13, 1974 4:00 p.m. there will be a fashion show. Come one, come all to see the old and new fashion.

We are happy to know Mrs. Ella Brown is feeling better at this writing.

Adult Education Classes Begin Tonight At AES

Adult Education classes will begin tonight at the Appomattox County Elementary School in the HomeEc department.

Advance registration is desirable, but not required. Adults wishing to enhance their position with their employer or to prepare themselves for a trade are invited to take advantage of the classes offered which include sewing and tailoring, welding, engine repair, farm machinery repair, wood working, art, physical education and other subjects in business and trades.

First classes will be held tonight beginning at 7 p.m.

ST. LUKE

Regular preaching service will be observed at St. Luke's Baptist Church, Sunday, October 6, 1974 at 11: a. m. Rev. McLaughlin, Pastor, will be in charge. Since he is back from his vacation. A great day is expected. All are invited to come.

The Cornerstone Baptist Sunday School Union that met at the St. Luke Church Sunday School Sept. 29 was a success, well attended by members of the Community, Churches and friends. President Venerable was in charge and a very interesting sermon was enjoyed. The amount raised was very good, $201.42. Rev. McLaughlin, the Pastor, gave a wonderful message on ,"No Substitute for Peace."

Mr. and Mrs. P. Jinkins and son were callers in the home of Mr. and Mrs. Charles H. Canada on Saturday, Sept. 28.

Mr. and Mrs. J. W. King visited in tghe Canada home Sunday afternoon.

Mr. Gregory Canada, grandson of Mr. and Mrs. Canada is doing very well at Norfolk State College.

Plans are in the making for the Annual Woman's Day at the St. Luke Baptist Church the 4th Sunday afternoon in October. Mrs. Dorothy Carter will be guest speaker.

Mrs. Teressa Baker of Philadelphia was a week end visitor in the home of her aunt, Mrs. Grace Walker of Rt. 1, Concord. The two of them visited Mrs. Elizabeth Franklin of Cullen Sunday afternoon who is sister-in-law and aunt. Mrs. Franklin is doing reasonably good at this writing.

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ACTUAL USE REPORT

REVENUE SHARING

General Revenue Sharing provides federal funds directly to local and state governments. Your government must publish this report advising you how these funds have been used or obligated during the year from July 1, 1973, thru June 30, 1974. This is to inform you of your government's priorities and to encourage your participation in decisions on how future funds should be spent.

CATEGORIES (A)	ACTUAL EXPENDITURES CAPITAL (B)	OPERATING/ MAINTENANCE (C)
1 PUBLIC SAFETY	$	$
2 ENVIRONMENTAL PROTECTION	$	$
3 PUBLIC TRANSPORTATION	$	$
4 HEALTH	$ 10536.00	$
5 RECREATION	$	$
6 LIBRARIES	$	$
7 SOCIAL SERVICES FOR AGED OR POOR	$	$
8 FINANCIAL ADMINISTRATION	$	$
9 MULTIPURPOSE AND GENERAL GOVT.	$	
10 EDUCATION	$	
11 SOCIAL DEVELOPMENT	$	
12 HOUSING & COMMUNITY DEVELOPMENT	$	
13 ECONOMIC DEVELOPMENT	$	
14 OTHER (Specify) Interline	$ 3257.72	
15 TOTALS	$ 13793.72	$

THE GOVERNMENT OF Town of Appomattox has received General Revenue Sharing payments totaling 15571.00 during the period from July 1, 1973, thru June 30, 1974.

ACCOUNT NO. 47 2 006 001

(D) TRUST FUND REPORT

(1) Balance as of June 30, 1973 ..... $ 0.00
(2) Revenue Sharing Funds Received from July 1, 1973 through June 30, 1974 .. $ 15571.00
(3) Interest Earned ..... $ 313.47
(4) Total Funds Available ..... $ 15884.47
(5) Total Amount Expended ..... $ 13793.72
(6) Balance as of June 30, 1974 ..... $ 2090.75

NONDISCRIMINATION REQUIREMENTS HAVE BEEN MET

(E) CERTIFICATION: I certify that I am the Chief Executive Officer and, with respect to the entitlement funds reported hereon, I certify that they have not been used in violation of either the priority expenditures (Section 103) or the matching funds prohibition (Section 104) of the Act.

Signature of Chief Executive — Date

Name and Title

(F) The news media have been advised that a complete copy of this report has been published in a local newspaper of general circulation. I have records documenting the contents of this report and they are open for public scrutiny at Appomattox Town Hall

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